



CARE FOR THE CAREGIVER (C4C)

NCFI PACEA Pre Conference Workshop Wed 28th October 2026

The Care for the Caregivers (C4C) workshop aims to equip and empower Christian caregivers for resilient, compassionate, and Christ-centred service. It is developed in response to the extraordinary difficulties and acute stress that healthcare workers worldwide have faced. Paradoxically, the health sector is one of the most hazardous work settings, and the safety, health, and well-being of health workers are indispensable for patient safety and quality of care.

Aligned with the NCFI's mission to equip and encourage Christian nurses to integrate Biblical principles in practice, C4C seeks to address the increasing emotional, spiritual, and physical burdens carried by healthcare professionals in a rapidly changing healthcare environment.

Vision

Communities of nurtured, resilient, and empowered caregivers, cultivating compassionate care for all.

Mission

We care for the caregivers and equip them to develop a culture of care in the spirit and power of Jesus Christ.

Workshop Outcomes

By the end of the 8-hour workshop, participants will be able to:

1. Articulate how specific Christ-centered principles can be applied to their own personal renewal and daily caregiving routines.
2. Practice evidence-based resilience strategies designed to mitigate compassion fatigue and manage acute clinical stressors.
3. Develop a personalized, baseline sustainment plan to protect their well-being during high-stakes or prolonged crisis periods.
4. Initiate a structured peer-support partnership and establish a schedule for prayer-centered accountability check-ins.