

Blessed to be a Blessing By Ingrid Lang Pedersen, Denmark

I would like to share how I use the inspiration from The Prayer of Jabez in my daily life:

"Jabez was honorable above his brothers. His mother had named him Jabez (in Hebrew familiar with pain), saying, "I gave birth to him in pain." Jabez cried out to the God of Israel, saying, "Oh, that You would bless me (indeed) and enlarge my territory! Let Your hand be with me, and keep me from harm so that I will be free from pain! And God granted his request." 1 Chronicles 4,9-10 (NIV)

From this I have formed **my own daily prayer** (with personal additions in *cursive*):

"Jesus, I thank you for the sleep and rest this night!

Now I pray that you will bless me indeed today and make me a blessing.

I pray that you will extend my territory, and make me ready to be a part of what you are doing.

I pray that your hand will be with me so that I shall neither suffer nor cause to others unnecessary pain.

And then I pray that I may see all that you want to do in me and through me today, and that I shall not miss any of it.

And I pray that I may be at the right place at the right time." (The last part is from Derek Prince).

(A book about it is **Bruce Wilkinson: The Prayer of Jabez**, which I first found in 2002).

From **Local Houses of Prayer** I have got the inspiration to **speak blessing**, like in Heaven, so on earth; as by faith in Christ we are **a royal priesthood** (1 Peter 2,9), we have the **authority** to speak blessing – e.g. over our workplace, colleagues, patients, the relatives, and over our family etc. And then look for and observe with **expectancy** the fruit of it.