



Week 6: 24/7 Protection*

Do not be afraid of the terrors of the night, nor the arrow that flies in the day. Do not dread the disease that stalks in darkness, nor the disaster that strikes at midday. (Psalm 91:5-6)

The previous devotions we have explored how the Lord demonstrates security as a fortress, rescuer and as our wise guardian. We even discussed how our faith walk can be disrupted by doubts, fears, insecurities, and disturb your sleep.

In the next section of verses, the psalmist used symbolic language to define the vastness of dread and destruction that can come into our lives. The writer understood that we live on a planet with chaos and death. We are helpless against dangerous volcanoes, vicious earthquakes, and damaging tsunamis and share communities with evil men and women who purposefully cause pain and suffering. And these are just a few of the terrors and dread that encompasses our life.

When we read all that the Lord protects us from, we may be tempted to assume nothing bad will happen to us. Instead, we are assured that nothing is beyond the reach of God (Psalm 139:7-12). No sin or evil will prevent the faithful hand of our Lord guiding us through the calamities. There may come a time in each of our lives when we quake in fear, run in panic, and hide in terror. The Most High and Almighty will be there with us. We have a 24/7 security system. The Lord ensures international and eternal coverage through the “terrors at night”, the “arrows in the day” and amidst the “disasters at midday.” This coverage is mediated and delivered through the promises of our glorious Saviour, ensuring that even death should not cause us to worry (1 Corinthians 15:26, 55; Romans 6:8).

Write out and memorize: Psalm 91:6

Reflect: What causes you the most fear? How can the passage in Romans be an antidote for your personal fear(s)?

Prayer: *Oh, LORD Most High, what then shall we say to these devastations we encounter? If You are for us, who is against us? Will anyone or anything, seen or unseen, separate me from the love of Christ? Will tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? Just as it is written,*

*"For Your sake we are being put to death all day long;
We were considered as sheep to be slaughtered."*

But in all these things I am an overwhelmingly conqueror through Christ who love me. For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate me from the love of God, which is in Christ Jesus my Lord. Amen (Romans 8:31,35-39).

*Excerpt were taken from the devotion with the same name 24/7 Protection in CARES: Reflections for Nurses.

Blessings,

He who dwells in the shelter of the Most High; will abide in the shadow of the Almighty. I will say to the Lord, "My refuge and my fortress, My God, in whom I trust!" (Psalm 91:1-2)

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