



He who dwells in the shelter of the Most High, will abide in the shadow of the Almighty. (Psalm 91:1)

I published a series exploring Psalm 91 after the death of my sister. The Lord led me to Psalm 91 as a lifeline to Him. His strength, comfort and hope held me up during my grief and despair. Even today, 7 years later with a seemingly life-time of challenges behind me, the Lord continues to follow through with his promise: **When he calls to me, I will answer him; I will be with him in trouble (Psalm 91:15).**

Join me in exploring the promises found in Psalm 91. I have updated each devotion for today's crisis, along with relevant reading and reflections.

Psalm 91 is a song of trust and hope that guides us in understanding our God and the protection He provides. It is not a guarantee that nothing bad will happen to you and me, nor to our families and friends. Instead, as one Bible scholar states it is promise of "no fear and no fall". This spiritual covering is a protection from the elements outside or beyond the Lord's hand. We do not have to be afraid of what comes our way in this life, nor the next. As the corona virus pandemic causes illness and death to our family and friends, sends us into social isolation and stretches our personal reserves to the max, we can rest in confidence. God is still in control! The Lord was not surprised by the COVID-19, nor the impact to our society.

Our God is the Almighty, the Supreme Being and Ruler of everything on earth and in heaven (1 Chronicles 29:11-13). And we have a choice to dwell with Him. This is not just a onetime choice at salvation, but a daily surrender to the Most High. This choice brings the assurance of abiding with the Lord (1 John 4:15). Yes, pain and suffering may befall us, but we rest in the confidence that our Lord is in control and we can rest in the shadow of His presence. We make that choice for right now--this moment and for tomorrow's known and unknown moments. We choose where we want to dwell and abide.

Normally, in my devotions, I don't ask personal questions about your relationship with Jesus. With the current global crisis, I think it is important to ask questions about faith. Do you know Jesus Christ?" "Are you a follower of Jesus Christ?"

In order to abide in the shadow of the Almighty and dwell under the protective shelter of the Most High we need Jesus (John 14:6). He provides the way to the Almighty. Only through the one and only Son of God, do we have assurances of the Almighty. Click on the link if you have questions and want to know more. <https://peacewithgod.net/>.

Included with the Psalm 91 series is supplemental activities, so you can eat, digest and live on the nutrients of our daily bread.

Read: Psalm 91

Reflect: Write out the entire Psalm 91 in a journal

Pray/Praise:

So David blessed the Lord in the sight of all the assembly; and David said, "Blessed are You, O Lord God of Israel our father, forever and ever. Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, indeed everything that is in the heavens and the earth; Yours is the dominion, O Lord, and You exalt Yourself as head over all. Both riches and honor come from You, and You rule over all, and in Your hand is power and might; and it lies in Your hand to make great and to strengthen everyone. Now therefore, our God, we thank You, and praise Your glorious name. (1 Chronicles 29:10-13)

Memorize: He who dwells in the shelter of the Most High, will abide in the shadow of the Almighty (Psalm 91:1)

Link to Psalm 91 Scripture Song "My God in Whom I will Trust" (Esther Mui)

<https://www.youtube.com/watch?v=67wC6-kWWS0>

Blessings,
Carrie